

EAT • DRINK • PLAY • STAY

# TASTE *of* SQUAMISH

FREE  
SUMMER 2019

MAGAZINE

CHASING  
WATERFALLS

SQUAMISH  
SUMMER FASHION

VANTAGE:  
EUROPEAN LIVING

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**SQUAMISH**  
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Photo by Lani Gelera

Shihanney overlooking Squamish

 Fenix Fallgirl

# Do you want a Taste Of Squamish?

## A TASTE FOR VALLEY VIEWS

 A view like no other from the top of Mt. Crumpit in Squamish, BC

Photo by Lani Gelera

## What is Taste Of Squamish?

Temperatures are rising, and summer is finally here! The Taste of Squamish is celebrating its second year keeping you in the loop of everything eat, drink, play and stay in the Squamish Valley. And this summer is no exception. Squamish is rocking with festivals, markets, and events. The rivers, oceans, forests and rock faces are begging to play. New restaurants and watering holes for every palate are opening with frequent regularity. If you're not already calling Squamish home and are just in town for a visit, TOS is here to give

you a deep dive into what the valley has to offer and lure you in.

In this issue, we're fueling you up with Squamish's best breakfasts before you head out chasing waterfalls. If style is your thing, check out the summer Squamish fashion scene emerging from local home-grown shops. Cook up some jambalaya and chase it down with a Beergarita, a Geo Cider or the Best Beers of Summer. And of course, don't forget your festival tickets.

*Enjoy!*

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Eggs Benedict from Lil Chef Bistro

## Fuel For Fire: Squamish's Best Breakfast

by Kristy Aleksich

Wake up. Gear Up. Fuel up. This is the mantra for most Squamish residents- and visitors too. A town built on outdoor activity, these are the days we live for... long stretches of sunlight that let us rise early, throw on our outdoor gear for hiking, biking, running, boating, gliding, surfing or whatever the day holds. But you can't pull off this type of lifestyle if you don't have fuel for your body. Even if you spent the night pounding shots at the Knotty Burl, you've got to have a little something in your belly before you kick off the day (or afternoon, as it might be). Squamish has an excellent number of options for breakfast, so we've put together a well- rounded list of the top spots in our mountain town.

The **Li'l Chef Bistro** might be the new kid on the block, but they've already become the boss of the schoolyard. People do not

mess around when it comes to breakfast - they don't call it the most important meal of the day for nothing. When it comes to preparing breakfast, either you've got the magic touch, or you don't. Well the Li'l Chef does, in spades. When you're making the best parts of breakfast like English muffins, peameal bacon, sausage and preserves from scratch - well, that's just next level. Keeping it simple, classic and free-range all the way, Saturday and Sunday brunch in Squamish will never be the same. Bravo Li'l' Chef, bravo.

If you asked a local where to go, this is what they would say . . . after some hesitation about divulging such an important secret. Alas, one needs to share such succulence, and after suffering from a devastating fire in spring of 2018, they deserve to flourish. Newly opened come Spring 2019, **Fergie's Café** is a supreme

spot for breaky. Jump in the car and head up the Squamish Valley Road, and where the crossroads meets the river, that's where we'll be. Try to get there with time to spare as a wait is usually in order, but it's worth it. Saddle up to a picnic table or check out their new patio and dig into delicious bennies, sammies and a whole lotta breakfast goodness. Bonus: You're already in the great outdoors and a network of trails for Squamish adventuring!

If you're up Brackendale way, the **Crabapple Café** is one of our top spots. Offering fresh, healthy and delicious meals, there's no better way to start your day. Continuously sourcing local food and beverages, you'll be stoked to fuel up at this place that feels like a bit of home. Choose a pork, grilled chicken or pastrami hash... not your thing? Holler to our vegan friends with lots of options like the garden hash, smashed avocado toast and French toast. This is farm to table at its finest until 3pm, with a community vibe to boot.

With a no-nonsense approach to all your 'greasy-spoon' needs, **Chef Big D's**, located in the heart of Downtown Squamish is a bustling spot any day of the week. Grilled cheese perfectly buttery, crispy and goey all at the same time, omelettes, frittatas or just good ole bacon and eggs. No fuss, no muss, just big portions and lots of coffee... everything breakfast needs to be.

**The Salted Vine.** We're not gonna lie - this is next level breakfast. The kind where you take the first bite and actually have to put your fork down and take a moment to appreciate the delicious flavours that just made your taste buds rejoice. These aren't just pancakes - they are orange ricotta pancakes with lemon mascarpone crème that will make your heart sing. It's Italian fennel sausage and crisp bacon locally sourced, it's hollandaise from the gods. Only available on Sundays, and only from

Easter Sunday through the fall, you'd be remiss to never take a Sunday to visit this special place. Save room for an Aperol Spritz or Mimosa (or two), if you know what's good for you.

You've fueled up, now go use that energy having an epic day in Squamish, whatever that may be. Just remember to tire yourself out so you can fall into bed exhausted, then dream of the delectable breakfast that awaits you when you crack your eyes open to begin your next epic day.

Follow Kristy on Instagram @kfm\_aleksich



#### EAT THERE



##### **Li'l Chef Bistro**

40365 Tantalus Rd.  
Garibaldi Estates, BC

##### **Fergie's Café**

70002 Squamish Valley Rd.  
Brackendale, BC

##### **Crabapple Café**

41701 Government Rd.  
Brackendale, BC

##### **Chef Big D's**

38042 Cleveland Ave.  
Downtown Squamish, BC

##### **The Salted Vine**

37991 Second Ave.  
Downtown Squamish, BC



Photo by Malcolm Yates

## Beers of Summer by Malcolm Yates

Welcome back, my friends, to the show that never ends; we're so glad you could attend, go outside, go outside! Aaaaah, yes; the repurposing of an old Emerson, Lake and Palmer song is just the way to start the grand carnival we call summer. And while taking in the sights and sounds of said season it is highly recommended you partake of the right drink. So let us go over three fantastic options, all of which from local breweries and of a similar style.

While perhaps hiding in the shadow of its stronger, bolder brother, India (the "I" in IPA) the Pale Ale is a beer well-suited to the demands of summer. Let's quickly go over Pale Ale's bona fides, shall we?

According to the Beer Judge Certification Program guidelines, an American Pale Ale is, "a refreshing and hoppy ale, yet with sufficient supporting malt to make the beer balanced and drinkable." The BJCP goes into further detail, and no one's stopping you from seeking out that intel. But for our purposes, the last sentence stands and delivers. Let's start with the breweries of Squamish in alphabetical order and see where we wind up.

With apologies to Cookie Monster, A is for **A-Frame Brewing** and (that's good enough for me!) their Sproat Lake Dry-Hopped Pale Ale. This lovely lakeside treat is a light, sessionable (meaning a slightly lower alcohol content) beer whose primary attributes include a smooth and silky malt base balanced with slightly tropical, citrus-like hop flavours. In accordance with A-Frame's quixotic quest for perfection, each Sproat Lake brew is unique from the last as their brewer samples different hop varieties, each with their own flavour profile. A fun game to play is to drink a Sproat Lake every day to see if you can discern differences from one batch to the next. Did I say every day? I meant week. No, month. I definitely meant month. I don't have a problem you have a problem.

B is for **Backcountry Brewing** (Cookie Monster's mantra still applies) and their Trailbreaker Pale Ale. Self-described as more of a sessionable (there's that word again) IPA than a pale ale, the Trailbreaker keeps its malt profile light while letting the hop's more tropical notes take centre stage. This is noticeable first in the aroma

and second in the sip as indeed the dominant flavour is citrus. This beer is delicious but don't take my word for it, the judges at the 2017 BC Beer Awards gave it the gold medal in an absolutely stacked category.

H is for **Howe Sound Brewing** and their Sky Pilot Northwest Pale Ale. This beer was made in collaboration with the opening of the Sea to Sky Gondola and named after the majestic Sky Pilot massif. The "northwest" prefix tells you the beer will have more earthy, bitter, pine and grapefruit notes than its east coast compatriots. Rest assured, all of those drool-worthy markers are contained within, just at a more manageable (read "sessionable") levels than an IPA with the same NW designation. No slouch in the awards department, the Sky Pilot won gold in 2015 and bronze at last years BC Beer Awards. Whether you're just coming down from the Sky Pilot peak or piqued and parched by your stroll from the gondola top station over to the Summit Lodge, this beer's for you.

In conclusion, take all three of these Squamish beauties into consideration while plotting and playing - out your summer. They're available fresh from the source and in liquor stores for your fridge-filling pleasure, so fill your flip-flops, folks, and I'll see you at the beach! Please don't fill your flip-flops.

Follow **Malcolm Yates the Sea to Sky Beer Guy** on Instagram @seatoskybeerguy



*Backcountry Brewing*



### GET THERE

#### **A-Frame Brewing**

38927 Queens Way #1  
Business Park | Squamish, BC

#### **Backcountry Brewing**

405-1201 Commercial Way  
Business Park | Squamish, BC

#### **Howe Sound Brewing**

37801 Cleveland Ave  
Downtown Squamish, BC

# Summer Events Guide

## **SQUAMISH FARMERS MARKET**

**When:** Saturdays: April through October  
**Where:** Downtown Squamish 10 AM - 3 PM  
[www.squamishfarmersmarket.com](http://www.squamishfarmersmarket.com)

## **DAY OUT WITH THOMAS**

**When:** May 18, 19, 20, 25 + 26  
**Where:** West Coast Railway Heritage Park  
[www.wcra.org](http://www.wcra.org)

## **SQUAMISH STREET MARKET**

**When:** Sundays: June 16 (Father's Day),  
July 14 and August 11  
**Where:** Downtown Squamish 12 PM - 6 PM  
[www.squamishstreetmarket.com](http://www.squamishstreetmarket.com)



## **SQUAMISH SIKH FESTIVAL**

**When:** Saturday, June 22  
**Where:** Downtown Squamish 10 AM - 2 PM

## **COMMUNITY CANADA DAY**

**When:** Sunday, July 1  
**Where:** Downtown Squamish 11 AM - 5 PM  
Brennan Park 7 PM - 10:30 PM  
[www.downtownsquamish.com](http://www.downtownsquamish.com)

## **SQUAMISH BEER FESTIVAL**

**When:** Saturday, July 6  
**Where:** Downtown Squamish 2 PM - 8 PM  
[www.squamishbeerfestival.com](http://www.squamishbeerfestival.com)

## **SQUAMISH WIND FESTIVAL**

**When:** July 18 - 20  
**Where:** Downtown Squamish  
[www.squamishwindfestival.com](http://www.squamishwindfestival.com)

## **SQUAMISH CONSTELLATION FESTIVAL**

**When:** July 26 - 28  
**Where:** Hendrickson Field  
[www.constellationfest.ca](http://www.constellationfest.ca)

## **SOAR 2019**

**When:** July 19 - 24  
**Where:** Squamish Yacht Club /  
Howe Sound  
[www.squamishsoar.com](http://www.squamishsoar.com)

## **SQUAMISH DAYS**

**When:** August 1 - 5  
**Where:** Downtown Squamish /  
Loggers Sports Grounds  
[www.squamishdays.ca](http://www.squamishdays.ca)

## **SQUAMISH MOTORCYCLE FESTIVAL**

**When:** Saturday, August 10  
**Where:** Downtown Squamish 9 AM - 8 PM  
[www.squamishmotofest.com](http://www.squamishmotofest.com)

## **SQUAMISH 50**

**When:** August 17 - 18  
[www.squamish50.com](http://www.squamish50.com)

## **ARC'TERYX CLIMBING ACADEMY**

**When:** August 22 - 25  
**Where:** Throughout the Squamish Valley  
and Sea to Sky Gondola  
[www.squamish.arcteryxacademy.com](http://www.squamish.arcteryxacademy.com)

## **KITE CLASH**

**When:** August 22 - 25  
**Where:** Squamish Spit all day  
[www.squamishwindsports.com](http://www.squamishwindsports.com)

## **SQUAMISH CHILDREN'S FESTIVAL**

**When:** Saturday, August 31  
**Where:** Downtown Squamish

## **BRACKENDALE FALL FAIR**

**When:** Saturday, September 7  
**Where:** Brackendale Farmers Institute Park  
Government Rd. Brackendale 10 AM - 5 PM  
[www.brackendalefallfair.ca](http://www.brackendalefallfair.ca)

CHECKOUT ALL  
OF SQUAMISH'S  
SUMMER EVENTS @  
[www.thelocalsboard.com](http://www.thelocalsboard.com)

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Photo by Kaili Smith

## Squamish Summer Fashion by Hilary Shandonay

Looking to support local clothing companies in Squamish? Look no further! This area has remarkably impressive local businesses that are definitely worth supporting.

**The Hive - Home & Gifts** has been located in the heart of downtown Squamish since 2006. Melissa Pearson, the owner of the store says fun socks, hemp wear, unique gifts, and locally made jewelry are what they sell the most of at the store.

Melissa strives to help customers find that perfect gift for those that are “hard to shop for.” What makes this store stand out is that they have a pop-up lingerie shop in the back of the store called Queen Bee Boudoir. “Queen Bee Boudoir’s goal is to celebrate our own unique individuality and to promote body positivity and inclusion. The pieces we bring in fit size ranges XS-4XL+. Our motto is: where every body is royalty!” Melissa says.

Ethical clothing companies are prevalent in our area. **Bewilder** is a clothing company owned by Nadine Manson which launched in 2014. The clothing from her company are sewn in Canada and are made from recycled water bottles. She is passionate about slow fashion, which means making the clothing after a customer orders the product, to reduce fabric waste. “Traditional fashion brands reply on the mass production of globalized trends to make a profit. They sell high volume at very low prices, keeping shelves overstocked with every size and color to never miss a sale. Ever wondered who buys all of the stuff you see in shopping malls? The answer is they don’t. Mass amounts of excess unsold inventory end up in warehouses and eventually dumped into landfills” Nadine wrote. Supporting ethical clothing companies like this one can truly make a difference with producing less waste from clothing production. Bewilder has numerous patterned leggings

as well as plain coloured ones. She sells her clothing mostly online and at markets, pop-up shops and special events.

Another ethical clothing company in Squamish is **MahaDevi design**, which is owned by two inspiring moms, Julie Emerson and Freyja Skye. The clothing is designed by the owners in Canada and ethically made in China. The fabric is a mixture of bamboo and organic cotton, and designed to fit all body types. According to MahaDevi design's website, the benefits of wearing bamboo fibers are:

- The clothing is high sweat absorbent (it pulls moisture from skin for evaporation - moisture wicking)
- Powerfully insulating - the clothing keeps you cooler in summer and warmer in winter
- Naturally UV protectant
- Hypoallergenic - natural bamboo does not cause allergic reactions
- Most eco-friendly fabric on the planet

When customers purchase clothing from MahaDevi design, they're not just receiving incredibly comfortable attire, they're supporting two empowering women who are passionate about helping the planet and making customers feel confident in their designs.

As soon as you walk into **Wild and Heart**, you can feel the west coast vibe. This store offers mens and womens clothing, along with jewelry, swimsuits and artwork. The owner, Sarah Johnson launched her own brand, The Wilder Collection in September of 2018, which is inspired by the lakes and mountain ranges all around us. The other brands that are in the store are carefully chosen by Sarah. "I try to choose local brands as much as possible, or Canadian brands. The whole concept from the beginning was to combine the concept of local or artisan with international hard to find brands" Sarah said.

**The Funky Monkey** is located in the heart of downtown and is one of the oldest stores in Squamish. "Customers have come in while I am working and tell me that they used to go to the Funky Monkey as a kid growing up in Squamish." Sujei Villalobos, a retail worker at the store said. The Funky Monkey offers clothing for men and women, unique gifts, jewelry, perfume, backpacks, handbags, swimsuits; the list goes on. Products from a wide variety of well-known brands as well as small local companies fill the store.



*The Hive - Home & Gifts*

#### SHOP THERE

**The Hive Home and Gifts**  
38014 Cleveland Ave.  
Downtown Squamish, BC

**Bewilder**  
[www.bewildher.com](http://www.bewildher.com)

**MahaDevi Design**  
7-38918 Progress Way  
Business Park | Squamish, BC

**Wild and Heart**  
38036 Cleveland Ave.  
Downtown Squamish, BC

**Funky Monkey Boutique**  
38041 Cleveland Ave.  
Downtown Squamish, BC



Tamara Stanners



Art Deco

## Constellation Festival by Kristy Aleksich

For a community that's all about the outdoors, with a strong centre of creative types, a music festival seems like a natural fit. We had one - for a time, but it's been a while since we've had the chance to walk around our own backyard and boogie down, enjoying amazing mountain views as a backdrop to incredible performances, people watching and just generally having an awesome time. Cue the team at Aquila Events, who decided it was time to take matters into their own hands and launch the 'Constellation Festival', a blend of music, art, food and community.

With all four individuals on the team being from Squamish, each with their own extensive experience in industries such as food and beverage, broadcasting, event production and music production, the cards are stacked high but they have a solid foundation to pull off what is lining up to be the event of the summer.

We had a chance to sit down with Tamara Stanners, one of the four in this groups of pros ready to make magic happen, and ask her a few questions.

**Taste of Squamish (TOS): How did the idea for Constellation Festival come about?**

Tamara Stanners (TS): When Squamish Valley Music Festival came to town it was fantastic. When it left, we really felt its absence. Our former Mayor, Patricia

Heintzman, approached me three years ago and strongly suggested that I start a new music festival in Squamish. I had recently left my Program Director job at 102.7 the PEAK in Vancouver where I had been really involved in the music industry, and I told her that I needed to take at least a year off. One year later, my now partner in the festival, Kurt Larson, approached me with the same idea and we decided to go for it. We were then joined by Kirsten Andrews and Katherine Matthews.

**TOS: What do you think makes Squamish an ideal location for a festival?**

TS: At the core of all of this is that we all love Squamish. We are super proud of our hometown and love showing it off! The Hendrickson Field location is gorgeous. It truly feels like the heart of the Sea to Sky, surrounded by Mount Garibaldi and the Stawamus Chief. Everywhere you look it's breathtaking.

**TOS: What kind of crowd are you expecting?**

TS: Music loving, fun loving, great people. We have purposefully brought in all kinds of different genres of music to bring in all kinds of people. We want to be super inclusive.

We want everyone to feel welcome at the festival. In the early years of SVMF I

would talk to the festival goers who came up from Vancouver afterwards, and they all commented on how it felt like a big beautiful community, where people really cared about each other and their well-being. We want to attract a crowd like that and be able to share in an experience like that.

**TOS: You're line up was released in March, what are some of the highlights?**

TS: We are super excited about all of it! It's so fun to be able to bring artists that we've been watching for years to a new audience and have some such incredible headliners.

WE feel so lucky to have Serena Ryder and Dear Rouge as our first ever headliners on Friday night. Such powerful female voices. Saturday we will dance with Tribe Called Red and our headliner still tba. Sunday, Bahamas, and Half Moon Run closing the festival will be unreal! Artists like Peach Pit, Art Decco, Jocelyn Alice, Parker Bossley, The Jerry Cans, Fast Romantics, daysormay, Scenic Route to Alaska and Begonia are literally blowing up. Fred Penner is an icon! The Boom Booms are a local fave. Super fun for everyone and we all get to experience them together at one of the most beautiful places on earth!

**TOS: Constellation isn't just about music, tell us more about what to expect.**

TS: We are super excited about the visual and performance art as well. We're bringing in local artists, indigenous artists, performance and circus acts. One of the really cool components is a massive interactive paint by number art piece by a group called Paintillio. Squamish is loaded with creators, and we want them to have a place to shine at Constellation.

**TOS: What kind of food and drinks will be offered?**

TS: We are putting together a wide range of excellent food truck options.

For drinks, we are so lucky to have Canada's First Craft Brewery, Big Rock Brewery and Rock Creek Cider as a sponsor. They are excellent! Squamish's growing reputation as a beverage making mecca will also be on display with local brews, ciders and spirits being served.

**TOS: Any advice for how to best tackle the three day event?**

TS: We are building a super comfortable festival experience. Two stages, no overlap.

Many, many washrooms, places for shade, places to sit, great food and drinks. We will have a bike valet for easy riding into the festival. So, as far as tackling it goes, I think it's going to be pretty easy.

**TOS: What else should people know before they go?**

TS: We will have shuttles from Vancouver as well as local shuttles to make getting to the festival easier. All of that is still coming together and will be announced in the coming months, along with our camping partnership. Go to [constellationfest.ca](http://constellationfest.ca) for all of the updates.

**Buy Tickets  
+ 2019 Lineup  
[constellationfest.ca](http://constellationfest.ca)**



*Serena Ryder*



## Copper Coil Jambalaya

This past October, owners Scott and Kurt, along with Chef Sebastien, embarked on a pilgrimage to New Orleans to take a deep dive into Cajun cooking. After sampling jambalaya up and down Bourbon Street, Chef Sebastien created this authentic recipe.

### INGREDIENTS

- 1 lb chicken breast or thighs
- 1 Andouille sausage
- 1 yellow onion
- 2 - 3 garlic cloves
- 2 red peppers
- 1 green pepper
- 2 celery branches
- 1 cup regular rice cooked
- 1 large can diced-tomatoes
- Hot sauce & Worcestershire Sauce to taste
- 1 L of chicken stock
- Cajun spice mix

### METHOD

1. Saute sausage and chicken until cooked thoroughly.
2. Add Spices.
3. Add diced tomatoes, chicken stock and hot sauce to pan.
4. Add peppers and celery to pan.
5. Simmer mixture until vegetables are tender.
6. Stir in cooked rice.
7. Season to taste.
8. Can be garnished with grilled prawns and fresh herbs.

**Come try our Cajun Inspired Barbeque while taking in amazing Squamish views from our large deck!**

Sun - Thurs 11:30am - 11pm

Fri - Sat 11:00am - Midnight

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36800 BC-99 | 604.892.2550

**The Match Eatery**

9000 Valley Drive | 604.892.2946

**Mags 99 Fried Chicken & Mexican Cantina**

1584 BC-99 | 604.898.9843

**CAFÉ**

**Caffe Garibaldi**

Squamish Adventure Centre

38551 Loggers Ln. | 1.844.427.4225

**ON THE GO**

**MacDonald's**

38451 Cleveland Ave. | 604.892.5937

**Tim Hortons**

38930 Progress Way | 604.815.4311

**Wendy's**

38930 Progress Way | 604.892.7454

**Burger King**

1814 Garibaldi Way | 604.898.0700

**Tim Hortons**

38930 Garibaldi Way | 604.898.1032

**BRACKENDALE**

**DINE IN**

**The Watershed Bar & Grill**

41101 Government Rd. | 604.898.6665

**The Nest**

41340 Government Rd. | 604.898.4444

**The Crabapple Café**

41701 Government Rd. | 604.898.1991

**The Brackendale Art Gallery**

**Theatre & Tea House**

41950 Government Rd. | 64.898.3333

**CAFÉ**

**Bean Around the World**

41340 Government Rd. | 604.898.2669

**Fergies Café**

70002 Squamish Valley Rd. | 604.898.1547

**VALLEYCLIFFE**

**CAFÉ**

**Kululu Café**

Westway Ave. | 604.390.3933

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**Backyard**

1907 Maple Drive | 604.390.2226

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38927 Queens Way | 604.892.0777

**Backcountry Brewing**

405 - 1201 Commercial Way | 604.567.2739

**Geo Cider Co.**

318 - 1201 Commercial Way | 778.733.1080

**A Table!**

39149 Discovery Way #106 | 604.567.0705

**Timberwolf**

38922 Progress Way | 604.815.4424

**CAFÉ**

**Counterpart Café**

107 - 39012 Discovery Way | 604.567.3338

**Naked Lunch Express**

1113 Industrial Way | 604.815.0731

**LIQUOR STORES**

**Gillespie's Fine Spirits**

38918 Progress Way #8 | 604.390.1122

**Mountain Retreat Liquor Store**

**Cold Beer and Wine**

38922 Progress Way | 604.815.0883

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38924 Queens Way | 604.892.7437

**Tall Tree Bakery**

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**Mountain Squeeze**

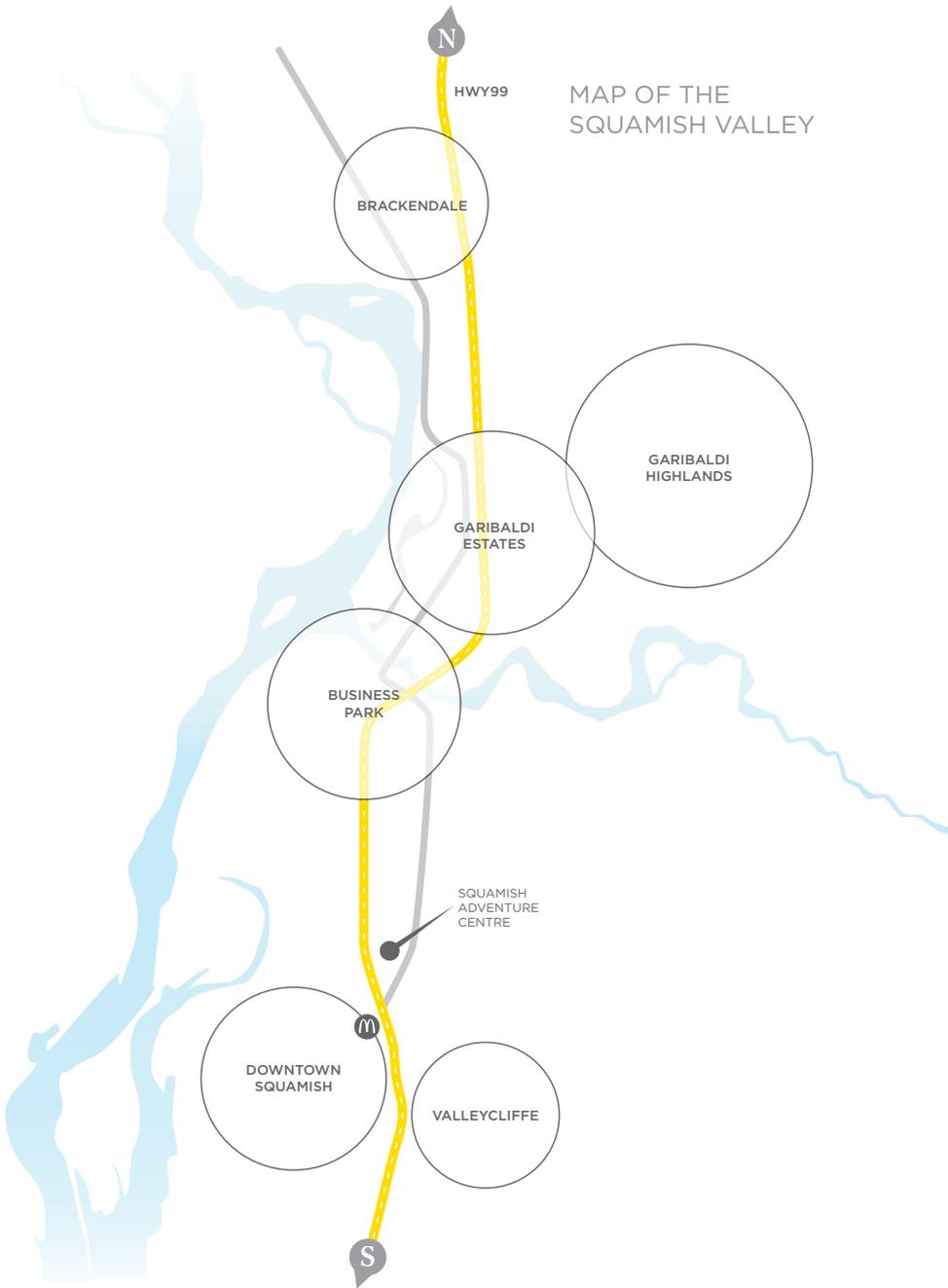
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**Whistler Wood Fire Pizza Co.**

604.902.4949

**Teriyaki Boys**

604.567.2665



MAP OF THE  
SQUAMISH VALLEY

**CHECK THIS OUT**

**INTERACTIVE MAP**

[www.tasteofsquamish.com/eat-and-drink](http://www.tasteofsquamish.com/eat-and-drink)

## GARIBALDI HIGHLANDS

### DINE IN

**Quest University Cafeteria**  
3200 University Blvd.

## GARIBALDI ESTATES

### DINE IN

**The Joinery**  
1861 Mamquam Rd. | 604.567.5646

**Boston Pizza**  
40167 Glenalder Pl. | 604.898.5442

**Wigan Pier**  
40340 Tantalus Way | 604.898.3834

**Pepe's Chophouse**  
40359 Tantalus Way | 604.898.3606

**Essence of India**  
40367 Tantalus Way | 604.898.1000

**Sushi Sen**  
40382 Tantalus Way | 604.898.8235

**That Irish Place**  
40330 Tantalus Way | 604.710.2405

**Umai Sushi**  
1 - 40437 Tantalus Rd. | 604.898.8624

**Norman Rudy's**  
The Executive Suites Hotel & Resort  
40900 Tantalus Rd. | 604.815.7978

**Spice Root Kitchen + Bar**  
40022 Government Rd. | 604.567.2772

**The Shady Tree**  
40456 Government Rd. | 604.898.1571

### CAFÉ

**Cloudburst Café**  
1861 Mamquam Rd. | 604.898.1969

**Starbucks**  
105 - 40147 Glenalder Pl. | 604.898.9510

**Lill Chef Bistro**  
40365 Tantalus Rd. | 604.848.5070

**Fuel & Forest Café**  
6 - 40437 Tantalus Rd. | 604.898.5251

### ON THE GO

**Top Hat Pizza**  
40386 Tantalus Rd. | 604.898.9191

**Booster Juice**  
40230 Glenalder Pl. | 604.567.1955

**Freshii**  
40232 Glenalder Pl. | 778.733.0140

**Fresh Slice Pizza**  
40236 Glenalder Pl. | 604.567.7777

**Samurai Sushi**  
40254 Glenalder Pl. | 604.892.2002

**Pizza Hut**  
14 - 40437 Tantalus Way | 604.898.3400

**Subway**  
1104 - 40147 Glenalder Pl. | 604.898.8393

### GROCERY STORES

**Kitchen Quickie's**  
40226 Glenalder Pl. | 604.815.0777

**Independent Grocery**  
1900 Garibaldi Way | 604.898.6815

### LIQUOR STORES

**Sea to Sky Hotel**  
40330 Tantalus Rd. | 604.898.4874

**BC Liquor Store**  
40204 Glenalder Pl. | 604.892.3955

### DRINK + DARTS

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38005 Cleveland Ave. | 604.567.2999

**Dragon Terrace Chinese Restaurant**

38037 Cleveland Ave. | 604.892.3717

**Chief Big D's**

38042 Cleveland Ave. | 604.892.0224

**Lotus Garden**

38180 Cleveland Ave. | 604.892.5853

**Mountain Burger House**

38198 Cleveland Ave. | 604.892.5544

**Salted Vine Kitchen + Bar**

37991 Second Ave. | 604.390.1910

**Cliffside Cider**

103 - 37760 Second Ave.

**Sushi Goemon**

38105 Second Ave. | 604.892.9810

**Saha Eatery**

38128 Second Ave. | 604.567.5888

**Joe Pesto's Wood Fired Pizzeria**

38165 Second Ave. | 604.390.0044

**Bisla Sweets & Meats**

1345 Pemberton Ave. | 604.567.5552

**White Spot**

1200 Hunter Pl. #410 | 604.892.7477

**CAFÉ**

**The Ledge Community Coffee House**

38055 Cleveland Ave.

**Zephyr Café**

38078 Cleveland Ave. | 604.567.4568

**2 Chill Gelato**

38086 Cleveland Ave. | 604.567.2665

**Sunflower Bakery Café**

38086 Cleveland Ave. | 604.892.2231

**Green Olive Market + Café**

38163 Cleveland Ave. | 604.898.4563

**Green Moustache Organic Café Squamish**

38144 Second Ave. | 604.898.1134

**1914 Coffee Company**

38123 Second Ave.

**Naked Lunch**

1307 Pemberton Ave. | 604.892.5552

**ON THE GO**

**Xoco Westcoast Chocolatiers**

38020 Cleveland Ave. | 604.892.9446

**Lucas Teas**

38028 Cleveland Ave. | 604.567.4577

**Pizzalicious**

38163 Cleveland Ave. | 604.567.2020

**Panago Pizza**

1347 Pemberton Ave. | 1.866.310.0001

**Subway**

1321 Pemberton Ave. | 604.567.2011

**A&W**

1200 Hunter Pl. | 604.815.0833

**Starbucks**

510 - 1200 Hunter Pl. | 604.815.4334

**GROCERY STORES**

**Save On Foods**

1301 Pemberton Ave. | 604.892.5976

**Nesters Market**

1200 Hunter Pl. | 604.815.0733

**Caveman Grocery**

1201 Village Way | 604.967.3718

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**Chieftain Pub**

38005 Cleveland Ave.

**The Knotty Burl**

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37991 Second Ave. | 604.892.3422

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**SALADS FROM 11AM**

- The Healthy Chief** ..... \$13.95  
Seasonal leaves, julienne veg, nuts, seeds, avocado & feta
- Kale Caesar** ..... \$11.95  
Crisp kale leaves, crunchy croutons, shaved parmesan, crispy bacon tossed in our homemade dressing
- Crabapple Buddha** ..... \$13.95  
Quinoa with roasted seasonal vegetables & Buddha (cumin, miso, ginger, chilli & lime) dressing

**MAINS FARM FRESH FROM 11AM**

- sandwiches served with house made soup, tossed salad, or fries*
- Thai Green Curry** ..... \$18.45  
Fragrant lemongrass, red chillies and lime finished in coconut cream, steamed rice & salted peanuts  
with Chicken, shrimp, tofu or extra veggies  
choose Crazy hot, hot, medium or mild
  - Quinoa Buddha Wrap**..... \$ 16.95  
Quinoa with roasted seasonal vegetables & Buddha (Cumin, Chilli & Lime) dressing
  - Reuben**..... \$15.95  
Pastrami, sauerkraut, melted swiss cheese & Russian dressing grilled on marbled rye bread
  - Portobello Burger** ..... \$16.95  
Grilled Portobello loaded with red pepper hummus, onion, tomato & seasonal leaves
  - 1/3 lb. Burger** ..... \$17.95  
Our in house made burger with 100% Blue Goose Beef loaded with white aged cheddar cheese, bacon, mushrooms, lettuce, mango chutney, tomato & red onion
  - Chicken Club Burger** ..... \$18.95  
Grilled chicken, bacon, tomato, red onion, mayo, seasonal leaves, swiss cheese & avocado
  - Fish & Chips**..... Regular \$17.95 or Large \$21.50  
Wild Pacific Cod grilled or in house tempura batter  
lemon aioli & pea puree

**BREAKFAST SERVED UNTIL 3PM**

- Garden Hash**..... \$13.95  
Finely sliced mushrooms, onions, black beans, spinach, corn, peppers & jalapeños  
add tofu scramble & pesto.....\$2.95  
add two eggs & house made hollandaise .....\$3.95
- The Pork Hash**..... \$16.95  
Slow braised all natural pork butt with poached eggs, hollandaise, sauteed fennel, apples & peppers
- Grilled Chicken Hash**..... \$18.95  
Chicken, red onion, mixed peppers, mushrooms, two eggs & hollandaise
- The Pastrami Hash** ..... \$18.95  
Pastrami, red onion, mixed peppers, corn, jalapenos, 2 eggs & hollandaise
- Breakfast Wrap** ..... \$14.40  
Two scrambled eggs in a sun dried tomato wrap, salsa & your choice of three fillings with a side of hash browns
- The Usual**..... \$14.50  
Two eggs, hash browns & toast served with your choice of bacon, ham, sausage or avocado
- EGGS BENNY**  
Two eggs, hash browns & house made hollandaise
- Smashed Avocado on Toast**..... \$11.95  
tomatoes, extra virgin olive oil and fresh parmesan or feta
- Straight English muffin and ham**..... \$14.95
- Bacon, spinach, tomato and avocado** ..... \$15.95
- Smoked salmon and capers**..... \$14.95
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- Icing sugar, syrup & whip .....\$9.45
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- Icing sugar, syrup & whip .....\$7.95
- Caramelized apples, pecans & whip.....\$9.45

**Oatmeal & Friends** ..... \$7.95

choose raisins, cranberries, pumpkin or sunflower seeds  
choose soy, almond or cow's milk

\* Prices subject to change.



Photo by Malcolm Yates

## Geo Cider Co. by Malcolm Yates

In our last issue we gave you an origin story, of sorts, where we tongue-in-cheekily introduced you to Cliffside Cider and Northyards Cider Co. If you haven't had a chance to try craft cider here in Squamish you really must. Especially since the rhyming couplet has now been joined by a third. **GEO Cider Company** is that rare, rhyming triplet; adding depth and melody to the medley that is the Squamish cider scene.

GEO Cider is no flight of whimsy but a well thought out plan more than two years in the making. It started with the cider and its maker, Geoff Menu. Geoff had been perfecting his craft for friends long before any thoughts of going pro. But his product was too good, and spreading the cider to the world at large seemed inevitable. Originally, Geoff was involved in a cidery set to open in Britannia Beach. But after a year spent trying to push the concept past council, that particular group and

dream dissolved. Britannia's loss was to be Squamish's gain, however, as Geoff teamed up with friends Glenn and Ryan Ennis and Gregor Heieis to re-tool and relocate a little further north.

The team took note of a stretch of Queensway Road that housed A-Frame and Backcountry Brewing (with Northyards Cider soon to follow) and found a place to put down roots. The only hiccup? The building hadn't been built yet. Time passed. In that time, Cliffside and Northyards opened their doors. And what does Glenn Ennis think of that? That, when GEO started becoming a reality, there were no cideries in Squamish and now they're the third?

"It's great!" the big man muses. I had the pleasure of talking with Glenn for this article and he is a man of accomplishment, to say the least. He played football for UBC and rugby for Canada's national

team as well as professionally. Glenn is an actor, stuntman, stunt coordinator and, along with his brother, Ryan, one of the principals in Peacemaker Filmworks. He's tall and handsome but also open and humble and one of the nicer humans you're sure to meet. Back to the proliferation of cideries:

"We love that the two other cideries are in town," Glenn says. "It raises the visibility of cider in general and the profile of Squamish as a destination."

That these establishments are all within easy biking or mild to moderate walking distance is a boon not a bug and GEO has some marketing in the works to highlight that very point. But enough preamble, let's talk GEO. The name itself is Greek, meaning "Of the Earth" and speaks to the partner's personal journeys, travelling the world and learning all they can of the cultures and experiences each niche has on offer. Their name is also the company's ethos: taking and trying new things while treading lightly upon the earth. To that end, one of the ways GEO walks the walk is with their six pack can connectors: they're completely biodegradable, fish and turtle friendly ("they can eat them!") and a first in Canada from a beverage company.

Speaking of cans, if you can't stay for a glass poured straight from one of their eight taps, GEO Cider is stocked and canned for purchase on site. As for wider distribution, they'll be available in some of your favourite pubs with liquor store distribution soon to follow. As far as variety goes, GEO's fairly flexible. Their Old World (dry) and New World (semi-dry) form part of the core, but such divine concoctions as Navy Rum, Peach, Iced Tea, Blood Orange, Tequila lime, and Watermelon Mint also frolic in and out of the mix. Oh, did I mention food?

GEO takes their food very seriously, offering up a full menu and full table service. "We wanted to distinguish ourselves," says Glenn. "You're greeted at the door, taken to a table, with flights delivered as you look at the menu. There's no lining up at the bar here." There's a point of pride in Glenn's voice, backed up by the people I've talked to who can't say enough about this place. But don't take their, Glenn's or even my word for it, folks. Check out the latest addition to the Squamish scene and see for yourself how special GEO Cider is.

Follow Malcolm Yates the Sea to Sky Beer Guy on Instagram @seatoskybeerguy



**GET THERE** 

**Geo Cider Company**

318 - 1201 Commercial Way  
Business Park | Squamish, BC



Canyoneers and photos by Marian Treger,  
Lani Gelera, Martin Biskup and  
Kubo Dubsky, Box Canyon

## Chasing Waterfalls by Lani Gelera

If you have an adventurous soul that yearns to experience something transcendent and surreal, sometimes you have to venture off the beaten path, canoe across the river, hike thru the forest and climb to the top of a canyon and then chase waterfalls all the way back down. As Cheryl Strayed's mother once said, "Put yourself in the way of beauty."

It was a bluebird summer morning and one of the hottest days on record for the summer in the Sea to Sky. On my first expedition to canyoneer down Box Canyon, four of us set out early to cross the Squamish River in our rented canoe. Launching off the start of The Spit, we flowed easily with the current to the bottom of the adjacent island, then

paddled upstream to the west side of the river at the unmarked landing where we then trekked for 45 minutes to the top of the canyon to start our descent.

The canyon itself is one of mother nature's most fascinating masterpiece carvings. It's a natural work of art created thru centuries of runoff from the snowpack and glaciers high above. Constantly pounding on the solid rock, the water smoothes over the granite, ever changing the landscape over thousands of years. GoPro and iPhone pictures will never capture the ambience of these surroundings, but they can give you a glimpse into the magical world of chasing waterfalls.

The first rappel down is the most intimidating in this canyon mainly because it's the opening descent and because you are lowering yourself into a dark tunnel where you can't see the bottom, alongside a raging waterfall. The feeling of tonnes of crystal clear snowmelt water falling heavily on you while trying to control your descent down a slimy slippery smooth granite wall is exhilarating and keeps you present feeling alive. The end of the first rappel places you in a knee-deep pool, in a cave with precarious logs and debris hanging over the top while waiting for the group to gather.

In Box Canyon, there are 8 rappels down. All of them are unique experiences with their own elements of danger and excitement. The second most thrilling rappel being El Tubo, which is a huge smooth carved out granite tube at least 20 feet that you can slide down or rappel depending on water level. In other sections you end up inside the waterfall, sometimes you lose the wall altogether and swing underneath of it hanging in mid-space, lowering yourself down into the unknown. You can jump off a cliff into a pool below if the water levels are high enough. It is a unique adventure full of challenges requiring spurts of skill, strength and bravery as you go with the flow down the canyon over 2-3 hours.

Waterfalls are a powerful ever-changing force of nature to reckon with and deserve as much respect as they do admiration. Please do your own research, go prepared with proper equipment and experienced canyoneers. For the adventurous soul, chasing waterfalls is a great way to spend a hot summer day, with good friends and Gaia herself.

Follow **Lani Gelera the Fenix Fall Girl** on Instagram @fenixfallgirl



Rappelling beside waterfalls in Box Canyon

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## Vantage: European Living Downtown

A Taste Of Squamish Feature

Vantage is a ground breaking multi-family development, leading the charge of revitalization and innovation in the heart of downtown Squamish. This 73-unit project with one commercial tenant is currently under construction and is estimated for completion in the Spring of 2020.

The development team behind Vantage is a partnership of local Squamish developer, Accorde Properties Corp, and Vancouver-based Epix Developments. Their design boasts striking architectural features with inspiration taken from old world European central courtyards coupled with modern, crisp lines. The building will take advantage of three hundred- and sixty-degree views of Howe Sound including the iconic Stawamus Chief, Tantalus Range and Brohm Ridge. The location, arguably the best in Squamish, will put residents' steps away from vibrant and exciting downtown shops, restaurants, and cafes.

The central courtyard is south facing allowing for an outdoor gathering place for residents, as a "community within a community" based on European aesthetics

coupled with the local environment provide Vantage with a unique functional design providing outdoor spaces for every unit on both sides. Instead of opening to a dingy hallway, each resident will be greeted with fresh mountain air and southern views of Howe Sound and Stawamus Chief each morning as they head out to start their day.

The residences at Vantage consist of 1, 2, and 3-bedroom homes, with a variety of carefully curated floorplans. The interior finishing's have been carefully selected to invoke the sense of a modern home while balancing the surrounding natural beauty of the Sea to Sky. The commercial unit is designed to encompass one or two units depending on the end user. In addition, Vantage is home to the first true underground parkade to be built in Squamish.

**For more information about the Vantage project,** visit [accordeproperties.com](http://accordeproperties.com) or reach out at [info@accordeproperties.com](mailto:info@accordeproperties.com) to learn more.

# STAY - DIRECTORY

## HOTELS

### Howe Sound Inn

37801 Cleveland Ave. | 604.892.2603

### August Jack Motor Inn

37947 Cleveland Ave. | 604.892.3504

### Crash Hotel

38005 Cleveland Ave. | 604.892.9119

### Garibaldi Budget Inn

38012 Second Ave. | 604.815.0007

### Hotel Squamish

37991 Second Ave. | 604.892.9584

### Mountain Retreat Hotel & Suites

38922 Progress Way | 604.815.0883

### Sandman Hotel & Suites

39400 Discovery Way | 604.848.6000

### Sea to Sky Hotel

40330 Tantalus Rd. | 1.800.531.1530

### Executive Suites

40900 Tantalus Way | 604.815.0048

## HOSTEL

### Squamish Adventure Inn & Hostel

38220 BC-99 | 604.892.9240

### Squamish Oasis Hostel

37978 Second Ave. | 604.892.0309

## CABINS + CAMPING + RV

### Klahanie Campground

36583 Darrell Bay Rd. | 604.892.3435

### Stawamus Chief

### Provincial Park Campground

604.986.9371

### Squamish Municipal Campground

39581 Loggers Ln. | 604.898.3604

### Mamquam River Campground

2023 Centennial Way | 604.892.1101

### Flying Spirit Campground

1796 Depot Road East | 604.390.3822

### Sunfolf

70002 Squamish Valley Rd. | 604.898.1537

### Cheakamus Centre

### Outdoor Education & Camp

2170 Paradise Valley Rd. | 604.898.5422

### Evans Lake Camp

1625 Levette Lake Rd. | 604.898.3832

### Alice Lake Provincial Park Campground

604.986.9371

### Paradise Valley Campground

3520 Paradise Valley Rd. | 604.898.1486

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